

# Prayer Against Lust

*Yehoshua November*

Before the Silent Prayer  
some men slip the hood of their prayer shawls  
over their heads,  
so that even among numerous worshipers  
they are alone with G-d.

Primo Levi once wrote about the sadness  
of “a cart horse, shut between two shafts  
and unable even to look sideways...”

Please G-d,  
let me be like those pious men  
or that horse,  
so that, even amidst a crowd,  
no other woman crosses the threshold  
of my dreaming.

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